TCA Post Peel Instructions

Day One

1. After application of the peel, leave the solution on for the remainder of the day (it has a cream consistency). Remove the peel at bedtime with a gentle cleanser and apply a moisturizer.
2. The skin may have a frosted appearance for a few hours and look sun burned.

Day Two and Three

1. Client may wash their skin with a gentle cleanser and moisturize as needed. The skin starts to turn darner. Do not be alarmed if some areas are darker than others as this is normal.
2. Client should always use SPF 30 and wear a hat.

Day Four through Six

1. The skin will most likely begin to peel. Continue to cleanse with a gentle cleanser and moisturize as needed.
2. NEVER PEEL OFF SKIN. If long pieces of skin peel, trim them with scissors.
3. The skin starts to turn darker and feels much tighter.

Day Seven through Ten

1. The peeling process is normally flakey.
2. Do not peel or pick off skin as this can cause scarring.

Day Eleven and On

1. Continue with glycolic and retinol pads for enhancing lightening once the peeling is complete and skin is healed.